



BLS/CPR TRAINING

Q: What is BLS/CPR Training?

A: Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training teaches you life-saving skills like chest compressions, rescue breathing, and how to use an automated external defibrillator (AED).

Q: Is this training free?

A: Yes, the grant covers the full cost of the training for eligible staff.

Q: Who can sign up for the training?

A: The training is open to all grant-eligible CNAs, as well as staff in dietary, facilities, and activities departments. (For non-medical staff, a Heartsaver course may be recommended instead, which covers CPR and first aid for laypersons.)

Q: How do I sign up?

A: Send an email to MIGRANTINFO@HCAP.ORG with:

- Your full name
- Your email address
- The facility you work at
- A contact phone number
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Q: What happens after I sign up?

A: A team member will contact you with the schedule of upcoming classes once your interest is confirmed.

Q: Can I tell my coworkers about this?

A: Yes! Please share the info with anyone who may be eligible and interested.