HCAP
HEALTHCARE CAREER ADVANCEMENT PROGRAM

BLS/CPR TRAINING

Please note that the BLS Training program will end in Fall 2026

Q: **What is BLS/CPR Training?**
A: Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training teaches you life-saving skills like chest compressions, rescue breathing, and how to use an automated external defibrillator (AED).

Q: **Is this training free?**
A: Yes, the grant covers the full cost of the training for eligible staff.

Q: **Who can sign up for the training?**
A: The training is open to all grant-eligible CNAs, as well as staff in dietary, facilities, and activities departments. (For non-medical staff, a Heartsaver course may be recommended instead, which covers CPR and first aid for laypersons.)

Q: **How do I sign up?**
A: Send an email to **MIGRANTINFO@HCAPINC.ORG** with:

- Your full name
- Your email address
- The facility you work at
- A contact phone number
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Q: **What happens after I sign up?**
A: A team member will contact you with the schedule of upcoming classes once your interest is confirmed.

Q: **Can I tell my coworkers about this?**
A: Yes! Please share the info with anyone who may be eligible and interested.