



# Tracking for Bronx Lebanon CHWs

Name: \_\_\_\_\_

Location of Practice: \_\_\_\_\_

Week: \_\_\_\_\_

Date	Basic Competency Categories
	<p><b>1. My basic roles and responsibilities</b> <i>Examples: Practicing my basic role; showing respect and helpful behavior with individuals served and their community; practicing cultural competence in ways that are supportive of community health; other examples of my basic role</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>
	<p><b>2. Organizational Skills</b> <i>Examples: Working on organizational skills required of CHW including scheduling, organizing tasks, and meetings; recording and maintaining required information; using health records</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>
	<p><b>3. Ethical and professional practice</b> <i>Examples: Using my knowledge and application of HIPAA and other legal and professional standards; other examples of using ethical and professional practice</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>



Date	Basic Competency Categories
	<p><b>4. Reflective Practice</b> <i>Examples: Reflecting on and journaling on the job learning; meeting with my mentor; meeting with my supervisor or in team meetings; other examples of using reflective practice</i></p> <p><b>Hours of Practice:</b></p> <p><b>Notes, Comments, Examples:</b></p>
	<p><b>5. Communication</b> <i>Examples: Utilizing positive behavior supports including motivational interviewing skills; practicing active listening; using effective and culturally competent communication skills; other examples of using effective communication skills to promote community health (social media, outreach, etc.)</i></p> <p><b>Hours of Practice:</b></p> <p><b>Notes, Comments, Examples:</b></p>
	<p><b>6. Community based skills including networking, advocacy, and capacity building</b> <i>Examples: Assessing needs of the community and working with patients to identify their own needs; using community networking to support community health ; applying advocacy and empowerment to support community health</i></p> <p><b>Hours of Practice:</b></p> <p><b>Notes, Comments, Examples:</b></p>



Date	Basic Competency Categories
	<p><b>7. Health Literacy</b></p> <p><i>Examples: Using knowledge of specific health issues to help individual patients/clients; applying understanding of health literacy to improve community and/or individual health outcomes</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>
	<p><b>8. Teaching and Supporting Others</b></p> <p><i>Examples: Using principles of adult learning in sharing information with patients and community; applying adult learning principles and communication skills to teaching, facilitation, and presentations; other examples of teaching and supporting others including co-workers, other CHWs, and community health workers</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>
	<p><b>9. Health and Safety</b></p> <p><i>Examples: Addressing my health and safety concerns and those of my clients; using universal precautions in my practice; responding to emergencies; other examples of my practice in the area of health and safety – including self advocacy and advocacy for co-workers, working with clients, etc.</i></p>
	<p><b>Hours of Practice:</b></p>
	<p><b>Notes, Comments, Examples:</b></p>



<b>Date</b>	<b>Basic Competency Categories</b>
	<b>10. Other</b> <i>(Things that you are doing that support community health that don't fit neatly into one of the topics)</i>
	<b>Hours of Practice:</b>
	<b>Notes, Comments, Examples:</b>